

Lesson plan for BA for the session 2024

Subject: - Home Science

Class: - B.A. 6th SEM

January 2024

- What is child psychology
- Definition, Aims, Subject matter and objective of studying child psychology.

Learning

- What is learning
- Importance of learning
- Methods of learning
- Factor affecting learning
- Role of reward and punishment i.e., learning.

February 2024

- Personality development
- Nature of personality development
- Types of personality
- Factors affecting personality development
- Assignment: - Personality development
Play: -

March 2024

- Definition, feature of play, difference between work and play
- Important of play i.e., childhood.
- Problem of adolescence

April 2024

- Test
- Signs of pregnancy
- Discomforts of pregnancy
- Ill effects of an early marriage
- Breast feeding
- Artificial feeding

Common ailments of childhood: -

- Cold, cough, fever
- Digestive disturbance – Diarrhoea, Constipation and Vomiting
- Skin infections

Practical

1. Planning and preparation of meals for: -

- Pre-school going child and school going child.
- Adolescent – Boys and Girls
- Adults
- Pregnant and lactating mother

2. Food Preservation

- Pickle, Chutney, Jam, Squash, Morrabba

Lesson plan for BA for the session 2024

Subject: - Home Science

Class: - B.A. 4th SEM

January 2024

- Animal cell
- Human skeleton

February 2024

- Digestive system
- The circulatory system

March 2024

- The Excretory system
- Reproductive system
- Test & assignment

April 2024

- Endocrine system
- Test & Revision

Lesson plan for BA for the session 2024

Subject: - Home Science

Class: - B.A. 2nd SEM

January 2024

- **Meaning and objective of health education**
- **Health hazards of Modern age**
- **Water pollution, soil pollution**

February 2024

- **Health & hygiene**
- **Water**
- **Infection**
- **Disinfection**

March 2024

- **Immunity**
- **Infectious diseases spread by insects and ingestion**
- **Infectious diseases spread by Droplet infection and by contact**
- **Common Emerging Health Problems among women – Cervical Cancer and Breast Cancer**
- **Test & assignment**

April 2024

- **Transmission of heat**
- **Thermometers**
- **Evaporation**
- **Test and Revision**